

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Sunday**

**No Gi Fundamentals**  
12:00PM – 1:00PM

**No Gi Drillers**  
5:30PM – 6:30PM

**Kids Jiu Jitsu 4-7**  
4:30PM – 5:15PM

**No Gi Fundamentals**  
6:30PM – 7:30PM

**No Gi Fundamentals**  
12:00PM – 1:00PM

**Contact Us About**  
Open Mat Times

**No Gi Mixed Level**  
9:00AM – 11:00AM

**Kids Jiu Jitsu 4-7**  
4:30PM – 5:15PM

**No Gi Fundamentals**  
6:30PM – 7:30PM

**Kids Jiu Jitsu 7-12**  
5:30PM – 6:15PM

**No Gi Mixed Level**  
7:30PM – 8:30PM

**Kids "PRO" Jiu Jitsu 4-9**  
4:30PM – 5:15PM

**Kids Jiu Jitsu 7-12**  
5:30PM – 6:15PM

**Gi Mixed Level**  
6:30PM – 7:30PM

**No Gi Drillers 2**  
5:30PM – 7:00PM

**Gi Fundamentals**  
6:30PM – 7:30PM