

Monday **Tuesday** **Wednesday** **Thursday** **Friday** **Saturday** **Sunday**

No Gi Fundamentals
12:00PM – 1:00PM

Gi
12:00 pm - 1:00 pm

Gi
12:00 pm - 1:00 pm

No Gi Fundamentals
12:00PM – 1:00PM

**Contact Us About
Open Mat Times**

No Gi Mixed Level
9:00AM – 11:00AM

Kids Jiu Jitsu 4-7
4:30PM – 5:15PM

Kids Jiu Jitsu 4-7
4:30PM – 5:15PM

Kids "PRO" Jiu Jitsu 4-9
4:30PM – 5:15PM

Kids Jiu Jitsu 7-12
5:30PM – 6:15PM

No Gi Drillers
5:30PM – 6:30PM

Kids Jiu Jitsu 7-12
5:30PM – 6:15PM

No Gi Fundamentals
6:30PM – 7:30PM

Gi Fundamentals
6:30PM – 7:30PM

No Gi Fundamentals
6:30PM – 7:30PM

Gi Mixed Level
6:30PM – 7:30PM

No Gi Mixed Level
7:30PM – 8:30PM